

# **How do we deal with Bullying at Burnt Tree Primary School?**



**Please read this booklet and keep it safe.**

**It has been written by members of our school council.**

Reviewed January 2015

# What is bullying?



Bullying can happen when someone is different to you or they are jealous of you.

Bullying can be when someone teases you for the way you dress or the games you play.

Bullying is when someone picks on you over and over

Bullying can happen on the way to and from school, as well as during the school day.

Bullying is being treated differently because of the colour of your skin or your religious beliefs.

Bullying can be when someone regularly frightens you.

Bullying can be verbal (name calling), physical (hitting somebody) or social (deliberately leaving someone out).

Bullying can be when someone threatens you.

Cyber bullying happens if someone says unkind things by text, email, Facebook or messenger

# What should we do if we are being bullied?

- Tell a friend/teacher/parent/relative.
- Find a buddy
- Talk to any adults who work in our school.
- Tell the community police officer
- Walk away showing the bully that they are not getting to you.
- Don't do the same back to them.
- Don't trust them.
- Act quickly

# What will the school do?

We will listen to you if you are worried about either yourself or someone else being bullied.

Make sure that our displays and curriculum represent and celebrate the different faiths and cultures in our school community.

We will make sure that everyone understands the different types of bullying and why it is hurtful.

We will not tolerate bullying that is about someone's religion, race, culture, sex or appearance.

We will teach you how to stay safe when you use the internet.

Continue to add to our display that shows where in the world pupils in our school are from to celebrate our diversity.

Install a worry box in every classroom that is checked daily by an adult who works in the class.

Ensure that all pupils, parents, carers and teachers know our school rules and the consequences when children do not follow them.

Have regular assemblies and circle time sessions in class to talk about bullying and what to do if you are being bullied.

Talk to the parents of the victim and those of the bully to let them know what is going on and how the school is dealing with it.

Support the person being bullied to make sure that they feel safe in school.

Support the bully so that they understand what they have done wrong and help them to become a better friend to others.

Display messages around the school to remind everyone what to do if they are being bullied.